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# Grassroots

Issue 111  
May 2019 - Jul 2019  
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[WWW.GRASSROOTSCLUB.ORG.SG](http://WWW.GRASSROOTSCLUB.ORG.SG)

*With Passion*

*Selamat  
Hari Raya*

# Contents

Chairman's Message .....	1
<i>Mr Toh Sze Wei, PBM</i>	
Editor's Message .....	2
<i>Ms Ng Liza</i>	
Welcome New Members .....	3
Looking Back .....	4
<i>Chinese New Year at The Grassroots' Club</i>	
The Law of Averages .....	6
<i>Jennifer Lee, President, Grassroots Toastmasters Club (Jun 2018 - Jun 2019)</i>	
8 Things about Hari Raya .....	8
<i>you always wanted to know</i>	
TGC GRL Initiative .....	11
Members Privileges .....	12

## Club Directory

### GENERAL FACILITIES

Concierge / General Enquiries	6554 2350
Multi-Purpose Hall / Banquet Hall / Auditorium / Dance Studio / Meeting Rooms / Atrium	6550 2121 / 6550 2112
Membership	6550 2114 / 6550 2120
Club Events	6550 2115

### MEMBER FACILITIES

Gym	6550 2128
Spa	6550 2128
Member Room	6550 2128
Swimming Pool	6550 2128
Activity Room	6550 2128
Mahjong Room Booking	6554 2350
Massage Booking	6554 2350
Table Tennis	6554 2350

### FOOD & BEVERAGE

Common Folks 10am to 10pm daily	9237 6650
Muslim Delights 11am to 7pm daily, closed on Mondays	8121 2286
Imperial Court 11am to 10pm daily	6553 2777

### ENTERTAINMENT

7th Heaven KTV 3pm to 2am daily	6458 5026
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### CHILDCARE CENTRES

Pat's Schoolhouse 7am to 7pm Mon-Fri	6459 2382
Brighton's Montessori 7am to 7pm Mon-Fri	6455 8830
Learning Vision 7am to 7pm Mon-Fri	6459 9653

## ISSUE 111 (MAY 2019 – JUL 2019)

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## MESSAGE BY

# Chairman

Corporate Governance and  
Disciplinary Committee



*Dear Members,*

With the completion of our club facilities' upgrading, we managed to collect more revenue through higher facility rentals as well as attract more tenants such as the upcoming Beer Garden and Prawning. The increase in revenue would allow our Club to provide better services and perks for our members.

The main responsibility of Corporate Governance and Disciplinary Committee is to set direction and policies on corporate services, handle disputes among members and complaints against other members that warrant the attention of the Club.

On Corporate Governance, we have recently reviewed and tightened our financial procedures on procurement, maintenance, and lease agreements. Management staff also had regular training sessions to familiarise themselves with the changes.

On Disciplinary, I am pleased to inform you that our Committee has not been convened to take action on such cases. Let's keep up our effort to make our Club a warm and gracious place for our members to interact and relax.



**Mr Toh Sze Wei, PBM**  
Chairman,  
Corporate Governance and  
Disciplinary Committee

## Editorial TEAM

**Chairman**  
Liza Ng

**Vice Chairman**  
Chee Yi Long

**Member**  
Marie Lim Soo  
Cheng

**Secretariat**  
Seow Hing Hock  
Ethan Seet

**Design & Editorial**  
Words Worth Media  
[wordsworth.com.sg](http://wordsworth.com.sg)

**Annual General Meeting 2019**

26 July 2019

7.30pm

Stay tuned for more updates via email and WhatsApp!



# Editor's MESSAGE



Greetings to all members and welcome to the latest issue of Grassroots with Passion. Chinese New Year Lohei Dinner at The Grassroots' Club (TGC) received overwhelming response and all members and their friends greatly enjoyed the evening while renewing ties and strengthening bonds. Thank you for arriving in full force with your positive energy. You can turn to page 4 to recap the joyous evening.

TGC is set up specially for grassroots leaders (GRLs) in recognition of their contributions to community service. TGC provides facilities to its members comparable to that of a private club without exorbitant membership fees. TGC is dedicated to be an exclusive Club which meets the social, educational, recreational and development needs of GRLs. Our Vision is to be the Club of choice for GRLs in Singapore. This will also help to build a stronger and more cohesive grassroots network. We are excited to announce that with effect 1 May 2019, TGC Merchant Privileges are now extended to GRLs! You can read up on the details on page 11.

Heard of the famous quote "You are the average of the five people you spend the most time with."? Read what this is all about on page 6.

Ramadan will begin on 5 May 2019. It is the most important month of the Muslim calendar, leading up to Hari Raya Aidilfitri. We know that some of you are curious about fasting and the Hari Raya celebrations. We hope the article on page 8 can help to answer some of your queries.

Not forgetting our valued Club Members, do take note of the discounts that you can enjoy with our tenants (page 3). You will also enjoy exclusive discounts if you hold functions at any of TGC's banqueting facilities (Banquet Hall, Theatre, Dance Studio, Meeting Rooms, Multi-Purpose Hall & Atrium). These serve as ideal places for personal celebrations, company events, grassroots functions and networking within the grassroots community. Like us on Facebook and subscribe to TGC WhatsApp to get the latest exclusive news, updates, Club Members' deals and discounts at the tips of your fingers! Mark your calendar to join us at our next Annual General Meeting on 26 July 2019 at 7pm. All voting members (Founder and Ordinary categories) are encouraged to attend. The Annual Report and Notice of Meeting will be posted to members in early July 2019.

On behalf of The Grassroots' Club Management Committee and TGC staff, I would like to wish all our Muslim friends a Selamat Hari Raya Aidilfitri! We look forward to seeing all of you at the Club!

## Miss Ng Liza

Editor,  
Honorary Assistant Secretary  
The Grassroots' Club



### RECIPROCAL CLUBS

#### CHANGI BEACH CLUB

No. 2 Andover Road  
Singapore 509984  
Tel: 6546 5215 | Fax: 6545 6883  
[www.changjbc.org.sg](http://www.changjbc.org.sg)

#### ORCHID COUNTRY CLUB

1 Orchid Club Road  
Singapore 769162  
Tel: 6755 9811 | Fax: 6755 8874  
[www.orchidclub.com](http://www.orchidclub.com)

#### THE ARENA COUNTRY CLUB

511 Upper Jurong Road  
Singapore 638366  
Tel: 6897 9997 | Fax: 6897 8778  
[www.arenaclub.com.sg](http://www.arenaclub.com.sg)

#### THE MALACCA CLUB

New Townhouse:  
No. 18, 5th Floor  
Jalan Syed Abdul Aziz,  
75000 Melaka  
Tel: 06-282 4940 / 284 2488 /  
283 3518  
Fax: 06-284 8303  
[www.malaccaclub.com.my](http://www.malaccaclub.com.my)

#### ROTUNDA:

Jalan Kampung Hailam,  
Tanjung Kling,  
76400 Melaka  
Tel: 06-351 1543 / 351 1544  
Fax: 06-351 6309

For detailed privileges at our  
reciprocal clubs, please visit

[http://www.grassrootsclub.org.sg/  
membership/affiliated-club-privileges/](http://www.grassrootsclub.org.sg/membership/affiliated-club-privileges/)

# WELCOME

## To Our New Members

Ms Yang Xiaojing  
 Mr Chan Jih Wei  
 Mr Tan Soo Heng  
 Mdm Oei Sek Hoon  
 Mr Koh Poo Kwee  
 Mr Arulslevam S/O Sankaran  
 Mr Kenneth Bok  
 Mr Loh Eng Chin  
 Mr Chee Sing Chuen  
 Mr Chua Dong Hao  
 Mr Ng Tiong Beng Gibbon  
 Mr Yeo Yi Ren Noven

Mr Syed Abdul Rahim  
 Mr Foo Chin Yin  
 Mr Gan Khuat Hin  
 Mr Ang Yong Kwang  
 Mr Ho Chee Sin  
 Mr Lim Kah Keng Lester  
 Ms Teo Zi Ning Eileen  
 Ms Sumitra D/O Sumelingam  
 Mr Karthik Palaniramachandran  
 Mr Yap Thian Ling BBM (L)  
 Mr Ho Kok Khun PBM  
 Mr Hiew Keat Foong

**Level 1 Pat's Schoolhouse** Tel: 6459 2382  
 10% discount off monthly fees @ TGC

**Common Folks** Tel: 9237 6650  
 10% discount on a la carte menu

**Muslim Delights** Tel: 96330261  
 10% discount on a la carte menu

**Level 2 Brighton Montessori** Tel: 6455 8830  
 10% discount off monthly fees @ TGC

**Level 3 Imperial Court Pte Ltd** Tel: 6553 2777  
 20% discount on a la carte menu

**Learning Vision@TGC** Tel: 6459 9653  
 20% discount off monthly fees @ TGC

**Level 4 7th Heaven KTV** Tel: 6458 5026  
 20% discount except for beer during Happy Hour

# MEMBER

*Discount*  
**AT CLUB OUTLETS**

花迎春香满地



# Looking Back

## CHINESE NEW YEAR AT THE GRASSROOTS' CLUB

Held on 11 Feb 2019, the 7<sup>th</sup> day of the lunar calendar which is also known as "Renri" or "Everyone's Birthday", our Chinese New Year Lohei Dinner attracted some 320 members, family members and guests.

Prior to the start of the event, participants had a joyous time taking photographs at the instant print photo booth. The evening's programme was hosted by Lin Ruping. The event included a Northern Lion Dance performance, tossing of Yusheng and God of Fortune mascot. The event ended with a grand Lucky Draw giving away travel packages to Macau, Bangkok and Malacca.





GGC President  
M...  
PBI...  
President  
on...  
eag...

THE GRASSROOTS' CLUB  
CHINA NEW YEAR WU LOHEI  
新春晚会  
1... 2019



# The Law of Averages

Jennifer Lee, President, Grassroots Toastmasters Club (Jun 2018 - Jun 2019)

## HOW THE LAW OF AVERAGES SHAPES YOU

You are the average of the five people you spend the most time with. – goes a famous quote by Jim Rohn, a millionaire motivational speaker and mentor of famous motivator, Tony Robbins.

It doesn't matter how smart you are. It doesn't matter how talented you are or which skills you have.

The people you spend the most time with, make you. You are their average. This relates to the law of averages. The principle holding that, probability will influence all occurrences in the long term.

The Chinese has a saying, “ When you are near to the pearl, you will glimmer, When you mixed with ink slab, you become blacker”.

Napoleon Hill, advisor to President Franklin Roosevelt wrote in 'Think and Grow Rich' that every night before he slept, he would have an imaginary council meeting with some 5 'invisible ghostly counselors'. These included dead people such as Darwin, Einstein, Aristotle, Confucius and Socrates. Through these soulful nightly meetings, he received immense inspiration, knowledge and ideas which he credited for his success in life.

Robert Kiyosaki, Financial columnist on Yahoo Finance need not have to speak to the five 5 wise ghosts. He shared in his Rich Dad, Poor Dad book that he had two dads. His real dad, stuck in the middle-class with limiting viewpoints on money, and his rich dad, one of the wealthiest man in Hawaii, was smart about getting money to work for him. By consciously choosing to interface with his rich dad, he acquired the knowhow and mindset of how to become rich, which eventually led him to become successful in life.

## THE NUMBERS ARE IN!

According to the British Household Panel Survey, the probability of a child smoking is 12% if one parent smokes and 24% if both parents smoke. The American National Association for Alcoholics found that the chance of a child being an alcoholic is 25% if one parent is an alcoholic and 50% if both the parents are alcoholic.

You would agree that if you want to lose 10 kg but you are constantly surrounding yourself with people who eats a lot, you will find that it will take a lot to restrain yourself.



## 6 TYPES OF PEOPLE WHO BUILD YOUR MENTAL TOUGHNESS

Glenn Llopis, Business Consultant wrote in American Forbes business magazine about how we are surrounded by 6 Types Of People who Build Your Mental Toughness. They are the doubters, the leeches, the critics, the envious, the victims and the noise.



### The Doubters

These are the pessimistic skeptics who are waiting at the sidelines salivating to witness your failure. Something like Mr. Bean?



### The Critics

These are the typical “know-it-alls” who always have a voice in the matter and will disrupt your confidence by telling you that your vision is wrong. Sounds like Mr. Brown?



### The Leeches

Leeches will stay close to your every move just so they can steal your ideas. They are uncreative and unoriginal people.



### The Envious

Envious people make your job more difficult as they attempt to slow down your execution by trying to convince themselves and others that your work isn't important.



### The Victims

Victims feel that something is owed to them for their misfortune. They would spend their time making you feel sorry for them by asking for favours. They are the manipulators and want others to feel their pain



### The Noise

They serve primarily to create chaos and make other people's lives miserable.

These people average you down

Heard of the 5 minute rule on why successful people leave their loser friends behind? Writer and social entrepreneur Brenton Weyi says that if someone were to drag him down, he would never spent more than five minutes around them. He looks for people who average him up.

Many of us have heard of the heroic life story of Darren Tan, a 34-year old student who graduated from NUS's Faculty of Law in 2013. Behind his current success was a complicated life of an ex-prisoner, who spent his teenage days taking part in gang-related activities like robbery, fighting, extortion, sniffing glue and even dabbling in an array of drugs. Despite the long period of time in jail which forced all his English language abilities out of him, being in prison put a halt to him loitering the streets and the bad influences. In prison school, he joined the Toastmasters Club and even became the President of the club. Together with a lot of hard work and self-study, he convinced the University's interviewers to admit him to Law School. Today, he spends his time trying to be the good influence on wayward youths that he was assigned to.

His friends who average him down were removed from him when he was in jail. You don't have to go to prison to join the Toastmasters Club. Grassroots Toastmasters Club will equally average you up. If you want, you can run for President too.



### Conclusion

Every person will become successful because of the great company he or she keeps. Your network of the five key people will determine the way you think, act and approach your life goals. Who you are with can elevate you as much as it can be your roadblocks. You are the average of the five people you spent the most time with. So choose carefully who the five persons you wish to spend the most time with.

My colleague was telling me that he has not much choice. He has a six month baby, Chinese speaking mother-in-law and an Indonesian maid. He is worried that soon he will not be able to write in English and may pee in his pants. Of course he cannot choose to apply the 5 minute rule, but he can have a nightly meeting with the 5 wise ghosts provided he does not find it too creepy.

# 8 Things about Hari Raya

you always wanted to know



## Embrace the spirit of the season with this handy guide

Taking place on 5 June this year, Hari Raya Puasa is a time of celebration for Muslims all over the world. The occasion is marked by special prayers, visits to family and friends and trips to Hari Raya bazaars. All Singaporeans are welcome to join in the festivities that come with Hari Raya Puasa, and to make sure you get the full experience, here are eight things you should know about the religious holiday.

### What does “Hari Raya Puasa” mean?

The holiday is known in Singapore as Hari Raya Puasa or Hari Raya Aidilfitri. “Hari Raya” means “great day” in Malay, referring to its significance at the end of a month of fasting (“puasa” is Malay for “fasting”). In Arabic, the holiday is called Eid al-Fitr, or simply Eid. Hari Raya Puasa is a time to rejoice after a month of abstinence.

### What does “Ramadan” mean?

Ramadan is the ninth month of the twelve-month Islamic calendar, and Hari Raya Puasa takes place on the first day of Shawwal (or Syawal), the tenth month. According to Oxford Dictionaries, the word “Ramadan” comes from the Arabic word “ramada” which means “be hot”. Ramadan holds significance as the month in which the Quran was revealed.

### Why do the dates of Ramadan and Hari Raya Puasa change every year?

A lunar calendar, the Islamic calendar consists of 354 or 355 days, meaning that Ramadan begins approximately 11 days earlier than it did in the preceding year according to the Gregorian calendar. As such, Hari Raya Puasa also takes place about 11 days earlier each year.





## Why do Muslims fast?

Fasting – abstaining from food and drink between sunrise and sunset – is one of the pillars of Islam, the others being faith, prayer, charity and the pilgrimage to Mecca. Fasting is about discipline and is a means for Muslims to avoid distractions and focus on their relationship with God.

Fasting also enables Muslims to reconnect with their families, as they gather each morning for sahur (pre-dawn meal) and each evening for iftar (breaking the fast, commonly referred to as “buka puasa”).

The pillar of charity also comes into focus during Ramadan as fasting allows people to empathise with those who are less fortunate than them and understand what it’s like to live a life without many of the things we take for granted. Zakat Fitrah, or tithes which benefit the needy, is also paid during Ramadan, with the amount donated tied to the median price of 2.3kg of rice (the normal rate is currently \$5).

What else do people avoid when they are fasting?

In addition to food and drink, people who are fasting also refrain from smoking and avoid any habits, practices or behaviour that would negate their fast, such as engaging in arguments, gossiping and using vulgar language, for example.

## Do all Muslims have to fast during Ramadan?

All Muslims are obliged to fast during the month of Ramadan, however, some are exempted from it. Among them are children who have not yet reached puberty, the elderly, the ill and infirm, women who are menstruating, expectant and nursing mothers, and those who are travelling.

## What’s the difference between Hari Raya Puasa and Hari Raya Haji?

As every Singaporean knows, there are two Hari Rayas on our calendars, the other being Hari Raya Haji, sometimes referred to as the Festival of Sacrifice. Known as Eid al-Adha in Arabic, this holiday honours Prophet Ibrahim’s faith in God. When asked by God to sacrifice his son, Ismail, Ibrahim obeyed, showing his faith. God stopped him, however, and provided him with a sheep to sacrifice instead. Korban, the sacrifice of a sheep, goat, cow or camel, is a prominent part of Hari Raya Haji, with meat from the animals being distributed to the poor and needy, family and friends, and the person who performs the Korban.

Hari Raya Haji, as its name suggests, is also linked with another pillar of Islam, the pilgrimage to Mecca – known as the Hajj. Hari Raya Haji takes place on the 10th day of the month of Zulhijah, the 12th and last month of the Islamic calendar, and marks the end of the Hajj. Hari Raya Haji will be observed on 11 August this year.

## Where can I join in the Hari Raya Puasa festivities?

Geylang Serai is, of course, the best-known place to celebrate Hari Raya. One day at the Hari Raya bazaar is simply not enough to explore all that it has to offer. From food and drinks – both traditional and modern – to clothing, carpets and home décor, you’ll find it all here, all surrounded by a stunning light-up along the streets surrounding the bazaar. According to the Straits Times, last year’s Geylang Serai bazaar drew 1.86 million visitors. The bazaar will take place from May 3 to June 5 in 2019, with up to 700 stalls awaiting visitors. Other bazaars to check out include the one at Our Tampines Hub.


Kampong Glam is also a must-visit during the Hari Raya season, particularly the area around the iconic Sultan Mosque. While you’re in the neighbourhood, it’s also worth stopping by the Malay Heritage Centre to immerse yourself in the culture and history of Singapore’s Malay community.


Sources: NLB Infopedia, visitsingapore.com, BBC, Oxford Dictionaries, MUIS, Khaleej Times, The National, Vox, Al-Huda Mosque, The Straits Times

- [http://eresources.nlb.gov.sg/infopedia/articles/SIP\\_919\\_2004-12-20.html](http://eresources.nlb.gov.sg/infopedia/articles/SIP_919_2004-12-20.html)
- <https://www.visitsingapore.com/festivals-events-singapore/cultural-festivals/hari-raya-aidilfitri/>
- [http://www.bbc.co.uk/religion/religions/islam/practices/ramadan\\_1.shtml](http://www.bbc.co.uk/religion/religions/islam/practices/ramadan_1.shtml)
- <https://en.oxforddictionaries.com/definition/ramadan>
- <https://www.muis.gov.sg/Zakat/Calculation-and-Payment/Types-of-Zakat/Zakat-Fitrah>
- <https://www.khaleejtimes.com/can-muslims-be-exempted-from-fasting-in-ramadan>
- <https://www.thenational.ae/those-bad-ramadan-habits-we-must-shed-1.342521>
- <https://www.vox.com/2017/5/25/11851766/what-is-ramadan-2018-start-date-muslim-islam-about>
- <http://www.alhuda.sg/korban.html>
- <https://www.straitstimes.com/singapore/lower-rents-fewer-hipster-goods-at-hari-raya-bazaar>
- [http://eresources.nlb.gov.sg/infopedia/articles/SIP\\_694\\_2009-01-02.html](http://eresources.nlb.gov.sg/infopedia/articles/SIP_694_2009-01-02.html)

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## THE GRASSROOTS' CLUB STAYCATION PACKAGE

Enjoy the closest thing to a vacation without leaving the country, complete with a trip to Changi Airport. Book and stay from 1 April 2019 till 31 March 2020 for 15% savings on our Best Flexible Rate. Applicable to all room types and includes complimentary Wi-Fi.



To reserve, contact +65-6823-5388 or email [reservations.cpc@ihg.com](mailto:reservations.cpc@ihg.com)

Black out dates apply during Formula 1 Singapore Grand Prix 19 to 22 September 2019 and Airshow 10 to 14 February 2020\*. Dates subject to changes, other terms and conditions apply.

# INTRODUCTORY ICE SKATING LESSON @ KALLANG ICE WORLD

Date : 18 June 2019, Tuesday  
 Time : 2pm - 4pm  
 Venue : Kallang Ice World,  
 5 Stadium Walk, #03-08/09  
 Leisure park, Kallang Singapore 397693

**Charges:**

	Public	TGC Member
Adult	\$40.50	\$20.50
Student	\$39.50	\$19.50
Child (5 - 12 years old)	\$38	\$18

**Charges include:** Admisson fees, coaching and skate rental.  
**Dress code:** Long sleeve top/jacket, long pants/jeans, gloves and socks.

Kindly register at Concierge before the closing date on 9 June 2019. Minimum Class size of 7 participants and Maximum class size of 10 participants.  
 For more information, call us at 6554 2350 / 65502115 or email to [services@grassrootsclub.org.sg](mailto:services@grassrootsclub.org.sg)





The Grassroots' Club

# HORSE RIDING ADVENTURE

Get up close and personal with the horses when you join our stable tour and experience fun enjoyable horse rides !

**Date:** 14 June 2019  
**Time:** 10.45am – 12.00pm  
**Venue:** Singapore Turf Club Riding Centre (STCRC)

**Public :** \$45/pax  
**TGC Member:** \$30/pax

**Terms and conditions:**  
 \*Min. age: 4 years old and above  
 \*Weight restriction of 75kg and below.

**Terms and conditions:**

- Minimum age of 4 years old and above.
- Weight restriction of max 75kg and below. Weight checks done by staff from STCRC, should you exceed the maximum weight restrictions. You will be prohibited to participate in the joy rides. No refunds will be given.
- Minimum class size of 10 participants to start the course and maximum of 25 participants.
- Participants are to meet directly at Singapore Turf Club Riding Centre.
- Dress code: Comfortable sleeved top , Full lengthtrousers (NO shorts or 1/2 pants), covered footwear with socks.
- Participants are to agree and acknowledge all terms mentioned in the indemnity forms from STCRC.



Kindly register at Concierge before the closing date on 31 May 2019.

For more information, call us at 6554 2350 / 6550 2115 or email to [services@grassrootsclub.org.sg](mailto:services@grassrootsclub.org.sg)

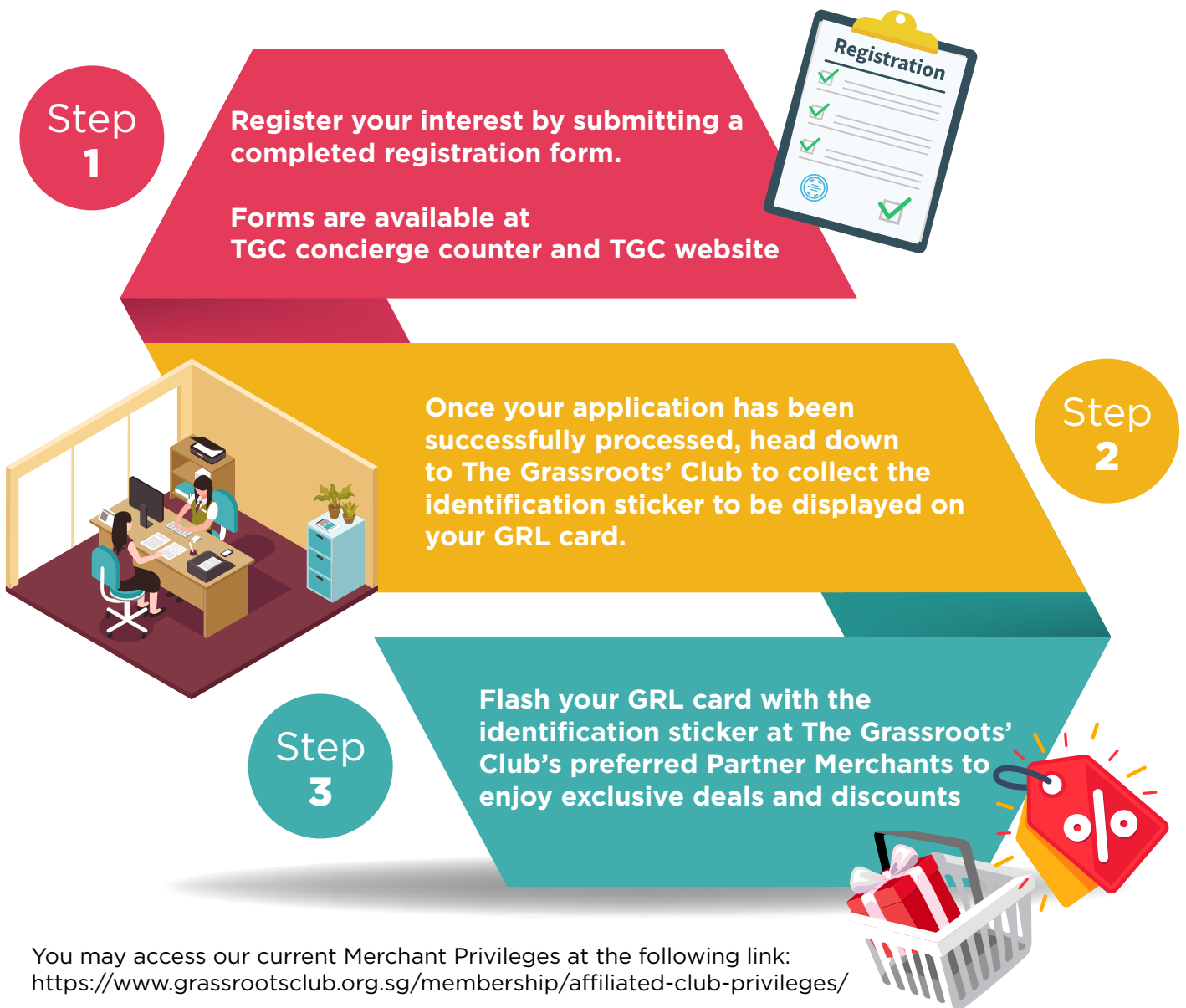


The Grassroots' Club

# TGC Merchant Privileges are now extended to Grassroots Leaders

The Grassroots' Club is extending its Partner Merchant Privileges to all current Grassroots Leaders from 1 May 2019 onwards.

With more Partner Merchants coming on board, current GRLs will now get to enjoy exclusive deals and discounts previously offered only to TGC Members. Jump on board and enjoy this privilege in 3 Easy Steps!



You may access our current Merchant Privileges at the following link:  
<https://www.grassrootsclub.org.sg/membership/affiliated-club-privileges/>

Kindly sign up at our Concierge or email your completed form to [mship@grassrootsclub.org.sg](mailto:mship@grassrootsclub.org.sg)  
 For more information, please call 6554 2350 / 6550 2120 / 6550 2114 or write to [mship@grassrootsclub.org.sg](mailto:mship@grassrootsclub.org.sg)

Located at: 190 Ang Mo Kio Avenue 8, Singapore 568046 (Beside Yio Chu Kang MRT Station)

# Membership Privileges

## ESPECIALLY FOR TGC MEMBERS!

### F&B

#### The Pine Garden

- 10% off standard whole cakes and design cakes at The Pine Garden outlets.  
*Promotion valid till 30 June 2019.*

#### Ply Baked Goods

- 10% off with minimum spending of \$10 in a single receipt.  
*Promotion valid till 30 June 2019.*

#### Kontiki

- 15% off on a la carte menu.  
*Promotion valid till 30 June 2019.*



### RETAIL & SERVICES

#### Crystal Time

Enjoy 20% discount off the following range of watches at the selected stores:

- **LUMINOX**  
Available at Tangs at Tang Plaza Level 3 and Vivo City Level 1, Robinsons The Hereen Level 4 and OG Orchard Point Level 1
- **ARBUTUS**  
Available at Tangs at Tang Plaza Level 3 and Vivo City Level 1, Robinsons The Hereen Level 4 and OG Orchard Point Level 1
- **CLAUDE BERNARD**  
Available at Tangs Vivo City Level 1, Robinsons The Hereen Level 4 and OG Orchard Point Level 1
- **ELLE**  
OG Orchard Point
- **LEE**  
OG Orchard Point

*Promotion valid till 31 August 2019.*



#### Capitol Optical

- 25% off frames & sunglasses.
- 15% off ophthalmic lenses.
- 5% off contact lenses (With minimum purchase of 6 months' supply).
- Complimentary eye health check (Prior appointment is required).

#### Luminous Dental Group

- Special rates for TGC members.
- Visit <http://www.grassrootsclub.org.sg/membership/affiliated-club-privileges/> for more details.



#### Kenko Reflexology & Spa

Enjoy 15% discount on a-la-carte services at all Kenko outlets:

- Foot Reflexology
- Shoulder and Head Massage
- Body Massage
- Spa Treatments

*Promotion valid till 30 September 2019.*



#### Ikeda Spa

- 20% off ala-carte spa treatment for the first time
- 10% off ala-carte spa treatments for subsequent visits
- Birthday 1-for-1 Spa treats (During birthday month)

*Promotion valid till 31 October 2019.*



#### All Well Scoliosis Centre

- 10% off First Visit (Consultation & Treatment and 1 Free Treatment session)
- 20% off Single Treatment session
- 30% off Package of 10 sessions

*Promotion valid till 30 June 2019.*

## RETAIL & SERVICES

### Hallmark Physiotherapy

Consultation and Treatment

- First visit at a special rate of \$130
- Subsequent visits at a special rate of \$120

#### Consultation only

- Enjoy 20% discount on your first visit and 10% discount on subsequent visits.

Promotion valid till 1 October 2019.

### Ma Kuang Chinese Medicine & Research Centre

- Present your TGC membership card to be entitled to a 10% OFF your total bill!

Promotion valid till 31 December 2019.



## LIFESTYLE

### GolfGreedy.com

Enjoy discounts for your next Golf game!

- 10% off golf tee time Bookings on GolfGreedy.com

Promotion valid till 31 July 2019.

### The Plant Story

- Deluxe Experience (Individual) at an exclusive rate of \$80 (U.P. \$88)
- Premium Experience (Celebration for 2) at an exclusive rate of \$208 (U.P. \$228) which includes:
  - Complimentary photo with photo frame
  - Welcome drink
  - High-tea set for 2
- Lunch set with sweeping view of the Marina Bay at \$25 with complimentary premium ice cream

Promotion valid till 30 June 2019.



### Boats, Boats and Boats Services (Private Yacht Charter)

- 12% off listed rates for Private Yacht Charter

Promotion valid till 30 April 2020.

### Ryders Singapore (Wakeboarding)

- \$50 off for 3 hours booking (Usual: \$390)
- Promotion includes wakeboarding equipment, coaching, and mineral water, ice and ice box.

Promotion valid till 30 April 2020.

## LIFESTYLE

### Carlton Hotel Singapore

- 15% off Best Flexi Room Rates with complimentary room upgrade to the next room category.
- Enjoy 4-for-3 Adult Buffet Lunch at Café Mosaic or 1-for-1 Adult Buffet Dinner.

Promotion valid till 31 July 2019.

### Bay Hotel

- 10% off Best Available Room Rates.
- 20% off a la carte menu at Rumah Rasa
- 10% off a la carte menu at Propeller
- 10% off Merrier Hours Buffet at Propeller

Promotion valid till 31 August 2019.



### Crowne Plaza Changi Airport

- 15% off Best Flexible Room Rates

Promotion valid till 31 March 2020.

## ENHANCED MEMBERSHIP PERK FOR TGC MEMBERS

- TGC Members are allowed to sign-in up to 2 guests for complimentary access to the Member Room and Open Terrace.
- TGC Members are also allowed to sign-in up to 2 guests per visit to use TGC facilities such as the Member Spa Pool and Steam Room, Gym and Swimming Pool at \$5 per guest per visit.
- TGC Members can sign-in unlimited guests to the Activity Room.

Rules & Regulations apply.

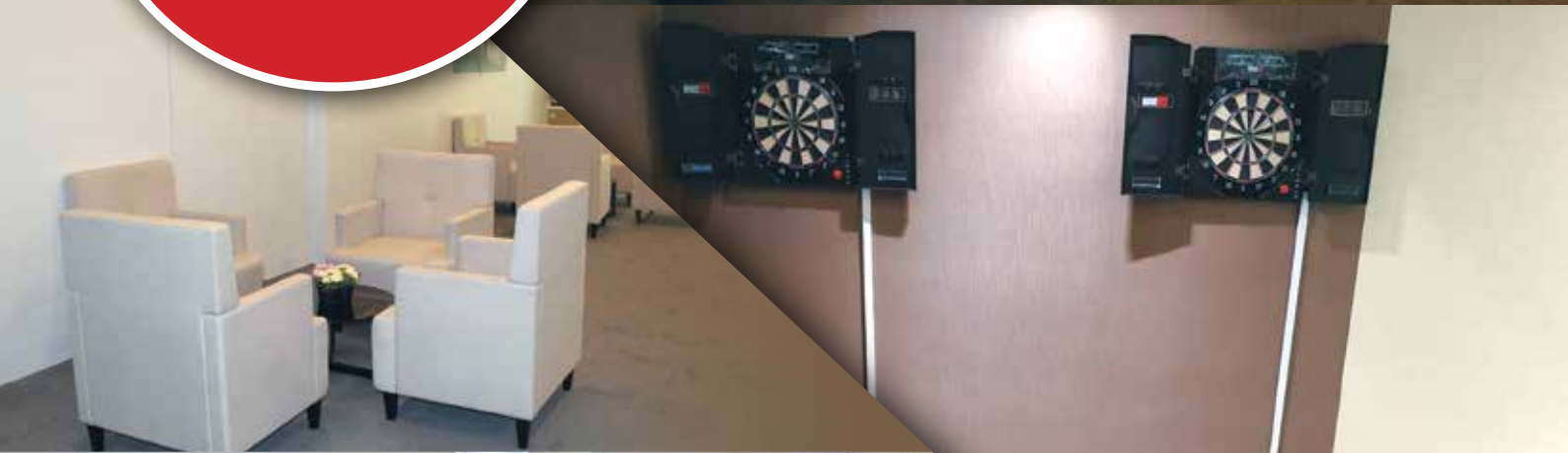
**\$300**

**for 5-year membership**

**Members are allowed to sign-in  
2 guests to use the facilities**

**Sign up a TGC  
membership today**

**AND ENJOY THESE FACILITIES!**



**THE GRASSROOTS' CLUB**

For updates or further information, please visit [www.grassrootsclub.org.sg](http://www.grassrootsclub.org.sg)