



MCI(P)051/03/2021

GRASSROOTS *With Passion*



Delights for
the Senses at
The Grassroots' Club



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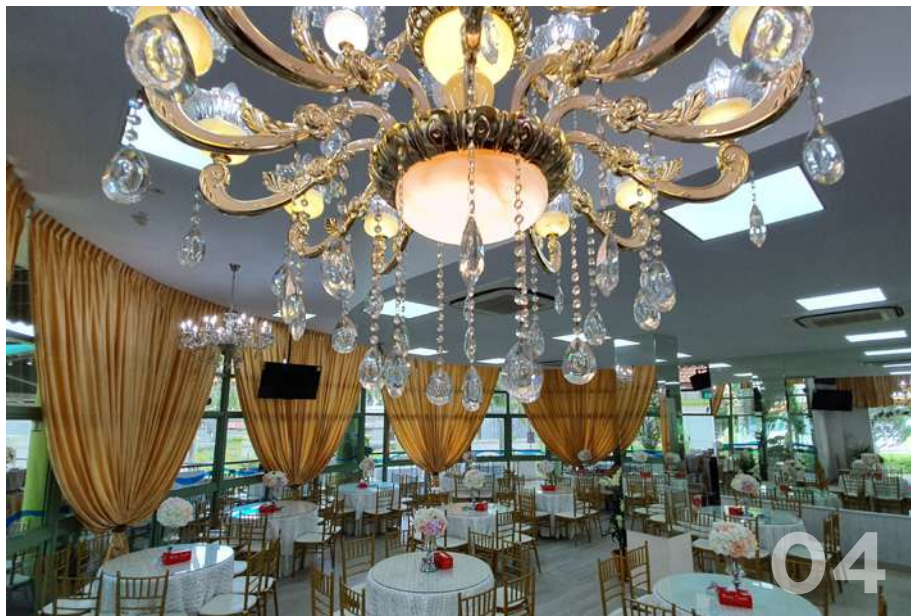
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THE GRASSROOTS' CLUB

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Message from Chairman

Membership & Events Committee



Dear Members,

We have thrived through the end of the 1st quarter of 2021 and I can hardly believe the global pandemic is nowhere near a conclusion. Grateful, to our vigilant government for its swift and efficient actions in curbing the spread of the virus, and everyone's wonderful cooperation in the Club for us to have been able to manage the situation with such incredible grace under pressure.

In spite of all the pandemic driven impacts, our ever-zealous membership department has been toiling behind the scenes to bring you an array of exhilarating events, activities and programmes. Whether your kids are on a local or international school schedule, there are tons of activities going on at The Grassroots' Club to keep them occupied. On top of everything else, the membership team en masse, is regularly delving into new membership benefits for members, including reciprocal clubs and merchant partners, for your continual merriment.

We aim to maintain the constant engagement of members through the many social events we organise, but still, hearing directly from our members is extremely crucial to us as we strive to make the Club more relevant and vibrant than ever. Please do feel free to contact me or approach me at the Club to share your ideas and inputs in what you would like to see or participate in.

Throughout the past turbulent year, The Grassroots' Club had been steadfast and resilient, as we have always put, you, our members, at the heart of our organization. With that in mind, do stay tuned to more exciting times ahead as we persevere to jazz up the Club for everyone.

Thank you for being part of The Grassroots' Club Family. I look forward to seeing you around.

Mr Jimmy New Cheng Tee, PBM
Chairman, Membership & Events Committee
The Grassroots' Club

GENERAL FACILITIES

Concierge / General Enquiries	6554 2350
Booking of Multi-Purpose Hall / Banquet Hall / Auditorium / Dance Studio / Meeting Rooms / Atrium	6550 2121 / 6550 2115
Membership	6550 2114 / 6550 2120
Club Events	6554 2350

MEMBER FACILITIES

Gym	6550 2128
Spa	6550 2128
Member Room	6550 2128
Swimming Pool	6550 2128
Activity Room	6550 2128
Mahjong Room Booking	6554 2350
Table Tennis	6554 2350

FOOD & BEVERAGE

Common Folks 11am to 10pm daily	9237 6650
Muslim Delights 11am to 7pm daily, closed on Mondays	9001 9401
Eternal Garden 11am to 2.30pm & 6pm to 10pm daily	6970 0002

ENTERTAINMENT

Sparkz KTV 3pm to 11pm daily	6458 5026
Fish@Ang Mo Kio 10am to 5am daily	9839 2715

CHILDCARE CENTRES

Pat's Schoolhouse 7am to 7pm, Mon-Fri	6459 2382
Brighton's Montessori 7am to 7pm, Mon-Fri	6455 8830

FITNESS

Sculpt Society 8am to 10pm, Mon-Sat	8157 5447
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Editor's Message



Half the year had gone by. To face the challenges of the pandemic, The Grassroots' Club (TGC) and its tenants thrived by redefining themselves and moving along with the times. They have been steadfast on their quest in providing members with safe and enriching experiences. Muslim Delights is among them. This Malay restaurant started in 1997 and was featured in the Michelin Guide in 2018 as one of the country's top five Nasi Padang restaurants. Turn to page 4 to find out how they keep their customers keep coming back for more! Be sure to visit them to try their Nasi Padang.

It has been our priority to keep our Members and staff safe. With all COVID-19 safety protocols in place coupled with our Members' understanding, TGC is able to organize physical classes such as JUSTDANCE and POWERSTRETCH (page 10) to improve your fitness, mental health and mood.

With more time spend working from home and relaxing at home, having better indoor air quality at home can improve cognitive function and quality of sleep. Turn to page 6 to read about the types of indoor plants which act as natural air purifiers.

To celebrate Singapore's 56th birthday, TGC is having a 1-FOR-1 Cathay Cineplex Movie Tickets specially for the first 50 Members. Read page 11 to find out how to grab this good deal!

The Membership & Events Committee is always looking into bringing better Membership Privileges for Members. To better serve Members, TGC has now entered into a reciprocal partnership with the Singapore Polytechnic Graduates' Guild located in the west at Dover Road! Members can now enjoy usages and discount at SPGG facilities. See page 11 for these new exciting reciprocal privileges!

We are all moving on with life in the COVID-19 landscape, but the situation is ever-evolving. If you haven't, like us on Facebook and subscribe to TGC WhatsApp for the latest measures implemented at the Club and to get the latest exclusive news, updates, deals and discounts at your fingertips.

Take care and stay healthy!

Miss Ng Liza

Editor

Honorary Assistant Secretary of

The Grassroots' Club Management Committee

RECIPROCAL CLUBS

CHANGI BEACH CLUB

No. 2 Andover Road
Singapore 509984
Tel: 6546 5215 | Fax: 6545 6883
www.changibc.org.sg

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1 Orchid Club Road
Singapore 769162
Tel: 6755 9811 | Fax: 6755 8874
www.orchidclub.com

SINGAPORE POLYTECHNIC GRADUATES' GUILD

1010 Dover Road
Singapore 139658
Tel: 6796 9988 | Fax: 6796 9989
<https://www.spgg.org.sg/>

THE MALACCA CLUB

New Townhouse:
No. 18, 5th Floor
Jalan Syed Abdul Aziz,
75000 Melaka
Tel: 06-282 4940 / 284 2488 /
283 3518
Fax: 06-284 8303
www.malaccaclub.com.my

Rotunda:

Jalan Kampung Hailam,
Tanjung Kling,
76400 Melaka
Tel: 06-351 1543 / 351 1544
Fax: 06-351 6309

For detailed privileges at our reciprocal clubs, please visit

<https://www.grassrootsclub.org.sg/membership/membership-privileges/>

Scan
for more
details



Welcome

To Our New Members

Liau Qimin

N.Ahilla

James Pang Zhen Yao

Doguiles Jose Bernardo Gorre

Heng Yao Jun

Choo Ying Hong

Ho Weng Hin

Tan Yew Lang

Mangalarajan Christopher

Tan Jia Dian

Chua Kian Boon

Goh Shau Cher Shaun

Cheong Lik Chun

Malathi D/O Anandan

Ganesan Muruganandam

Ong Wei Rong Joey

Level 1 Pat's Schoolhouse Tel: 6459 2382
10% discount off monthly fees @ TGC
Common Folks Tel: 9237 6650
10% discount on a la carte menu
Muslim Delights Tel: 9633 0261
10% discount on a la carte menu
Sculpt Society Tel: 8157 5447
20% discount on all classes
Fish@Ang Mo Kio Tel: 9839 2715
40% discount off all
non-promotional items (excluding F&B)

Level 2 Brighton Montessori Tel: 6455 8830
10% discount off monthly fees @ TGC

Level 3 Pat's Schoolhouse Tel: 6459 2382
10% discount off monthly fees @ TGC
Eternal Garden Tel: 6970 0002
Please call to enquire about discounts

Level 4 Sparkz KTV Tel: 6458 5026
20% discount except for beer during
Happy Hour

**MEMBER
Discounts**
AT THE GRASSROOTS' CLUB



Delights for the Senses at The Grassroots' Club



Nestled in the TGC Clubhouse, just minutes from Yio Chu Kang MRT, is a Singaporean culinary gem: Muslim Delights. Whether you need an event venue, catering services, or a sumptuous dinner with the family, you would be hard pressed to find a better spot for authentic Nasi Padang and a wide variety of Halal food to suit any palate.

With humble beginnings in 1997, restaurant founder Hafidah Bte Daud first brought her recipes to an industrial centre in Sungei Kadut. By 2018, Muslim Delights had become a well established brand, earning a feature in the Michelin Guide and a place in the hearts of locals as one of the country's top five Nasi Padang restaurants. What started with one coffee shop in Payar Lebar evolved into a burgeoning franchise and now TGC members can enjoy Muslim Delights at their club home ground!



Local Favourites and Much More

If their culinary honours have already piqued your interest, Muslim Delights offers set menus for lunch and dinner at affordable prices. Patrons and TGC staff have lauded their signature Nasi Goreng Ikan Bilis and Ayam Masak Merah as all time favourites. A testament to the talented team in the kitchen.

“Muslim Delights has worked its way up to becoming a favourite choice when it comes to Padang cuisine. Not only do we have a diverse team of chefs, we also have our very own bakery team which bakes the fabulous cakes and dessert for our events.”



The restaurant also regularly adds promotional items to its menus, keeping customers coming back for more. At Muslim Delights, the dining experience is never a dull one. Before social distancing restrictions were in place, themed events were often held at the restaurant.



“Our outlet used to host quarterly events such as Arabian Night, BBQ Night, Curry-Curry Night, and much more. Once the government allows social gatherings again, these themed nights will be back on at our venue.”

Weddings to Remember

While Muslim Delights provides quality food, it has a lot more to offer! With its convenient location, great atmosphere, and excellent decor, it is a leading venue for weddings of all styles and sizes. The Bliss Garden at TGC offers a tranquil ambience with an abundance of natural light from the wraparound glass views. There are also numerous amenities for clients and guests including prayer rooms and reserved parking spaces for the bridal vehicle. From sending invitations to arranging wedding favours, the dedicated staff put their client’s needs at the top of the priority list, ensuring a smooth and memorable reception.



Catering for the Community

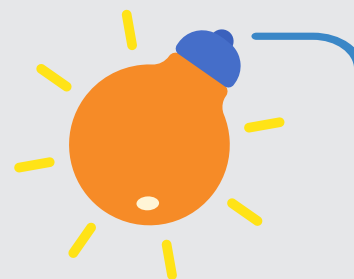
Need food for an upcoming event? Muslim Delights also offers versatile catering packages for events of all kinds. From Chalet catering (20 pax minimum) to Halal buffets (100 pax minimum), consider your guest’s refreshment needs taken care of.

In the month of Ramadan, Muslim Delights also caters for smaller orders at pocket friendly prices with their scheduled Tingkat service. This service aims to provide customers with reliable and timely food delivery during the time of fasting.



Step into Muslim Delights and enjoy some of the best Padang cuisine Singapore has to offer. For more information and booking enquiries, visit www.muslimdelights.com.

FUN FACT:



Muslim Delights’ wedding catering service has been used by local celebrities such as musical artist Taufik Batisah and Radio DJ KC!



All gathering photos taken before year 2020 pre-COVID pandemic.

4 natural air purifiers that you should keep at home



Tan Kok Yam from Grassroots Toastmasters Club highlights the benefit of gardening by giving examples of 4 natural air purifiers. Reference terminology and technical terms are at the end of the page for further clarification.

From our famous Gardens by the Bay to our first UNESCO World Heritage Site Botanic Gardens, Singapore's status as a garden city is fitting. In fact, it is common for most living in Singapore to see an expanse of greenery, trees, and shrubs outside their homes. Roof top gardens in flats and carparks are also becoming more widespread, where residents gather to experiment with gardening.

I am one of such residents, having a rooftop garden near my place in Punggol. As I became more interested in gardening - trying to understand what horticulture is about in the broader scope of gardening can be daunting. Therefore, I am writing this article from an amateur plant hobbyist perspective, where I will share two aspects of plants that interest me - its benefit as an air purifier, and its effect on our mental wellbeing from the perspective of fengshui.

Plants as air purifiers

Plants can help to improve the air quality and remove pollutants from the environment. They release oxygen during the day in the presence of natural light through the process of photosynthesis. While at night, the plants uptake oxygen and release carbon dioxide, which is called respiration.

Some plants can also uptake carbon dioxide during the night as well because of their ability to perform a type of photosynthesis called Crassulacean Acid Metabolism (CAM). These plants, when placed at home, can improve air quality throughout the day and helps people to sleep better at night.

Having these oxygen-producing plants improve the air quality in our home as they give off oxygen at night as well. These plants can also act as air purifier by removing harmful airborne chemical such as Benzene, Formaldehyde, Xylene, and Ammonia.

There are many such plants and four are mentioned here, as they are hardy and easy to upkeep.





Types of Plants

Snake Plant

Sansevieria trifasciata (Snake plant, also known as Mother-in-law's tongue) is a popular indoor plant that emits oxygen at night. Research shown that it helps remove toxic air pollutants, such as formaldehyde and benzene from the air. In feng shui, spiky plant like this can bring protective and purifying energy when placed in an ideal position, such as the balcony. Its pointed leaf served to shield and neutralize negative energies.

Areca Palm

Chrysalidocarpus lutescen (Areca Palm, butterfly palm, yellow palm) is one of the best plants to keep indoors. Native to dense tropical forests, it can well survive in areas with less sunlight. This plant absorbs all kinds of harmful gases like formaldehyde and benzene and keeps the air humid. It is preferably ideal for those who suffer from sinus problems. The ability of this plant to release oxygen at night helps improve the air quality and let people sleep better at night. In Feng Shui, the Areca Palm acts like a cushion against negative chi energy, such as 'sha chi'. Therefore, they are most often placed in areas where there is 'sha chi' such as exposed pillars and sharp corners.



Peace Lily

Studies have shown that *Spathiphyllum* (Peace Lily) releases oxygen at night. It is one of the best plants that helps remove volatile compounds in the air, like benzene, formaldehyde, toluene, carbon monoxide, and xylene (can be present in furniture paint). The peace lily is known to increase room humidity by up to 5%, which is great for breathing while sleeping. It requires medium, indirect light to grow well and only need watering when the soil is dry. A word of caution, the plant contains calcium oxalate that can cause stomach and respiratory irritation if ingested in large amount. Keep Peace Lilies out of reach of small children and pets.

Orchidaceae

The Orchid family are flowering plants with hundreds of genus and thousands of species. Orchids are another night shift producer of oxygen. A beautiful plant that also purifies the air as it removes xylene. According to Feng Shui, potted orchid plants are said to bring luck in relationships: with pink orchids bringing harmonious relationship, white orchids filling households with peace, and the violet orchids being the most auspicious.

You too can create your own garden with indoor potted plant. As you get closer with nature, know more of your plants and enjoy gardening.



Glossary

1. Horticulture-- Science and Art of growing, vegetables, flowers, or ornamental plants
2. Plant Names - Consists of the scientific/botanical names in Latin for better categorisation, (Scientific Latin plant name is unique to each plant , unlike its common name). The binomial (two name system) consist of the 'GENUS' and the 'SPECIES'.
 - a. Example
 - i. *Crassula Ovata* (common name is Jade Plant)
 - ii. *Samanea Saman* (common name is rain tree)
3. Photosynthesis -- There are 2 pathways in photosynthesis.
 - a. Light reactions where oxygen is released by splitting water molecules
 - b. Dark reaction (Calvin Cycle) where carbon dioxide is used to make sugar. The energy to drive these reactions come from sunlight. Carbon dioxide is absorbed via stomata, and oxygen is released by the same stomata. In Crassulacean-Acid Metabolism, the plant opens the stomata at night to minimize water loss. CO₂ is acquired at this time and stored in vacuoles as malate.
4. Fengshui - Chinese geomantic study

Reference

"Plants that deserve a Place in your bedroom for a perfect sleep" by Apeksha Rawat

Members' Privileges



FOOD & BEVERAGE

THE ROYAL ALBATROSS

Complimentary Double Boiled Cabbage Soup with Bamboo Fungus & Mushroom with minimum spend of \$50 in a single receipt during Birthday Month

Promotion valid till 30 September 2021

Address: 30 Raffles Ave #01-04, Singapore 039803

Contact: 6854 5245

APPAREL & ACCESSORIES

PICADILLY CUSTOM TAILORS

Exclusive 20% discount* off regular items

*Valid TGC Membership card / Valid Grassroots Leader card with "The Grassroots' Club" identification must be presented, before getting a quotation and tailoring
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Far East Plaza, S(228213)
Email: taylor@singaporeuits.com
Contact: 6734 9990
www.singaporeuits.com

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\$10 off every \$100 spent for prescription spectacles and sunglasses.

As an initiative to build awareness of the importance of eye-screening

- **FREE IOP (Intraocular Pressure) screening for Glaucoma**
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CAPITOL OPTICAL

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- **15% off ophthalmic lenses**
- **5% off contact lenses** (With minimum purchase of 6 months' supply)
- **Complimentary eye health check** (Prior appointment is required)
Visit <http://www.capitol.com.sg> for outlets address details



OETEO

Exclusive 15% discount* off regular items with coupon code TGC15 on www.oeteo.co

Promotion valid till 31 May 2022

**No minimum spending required*

Limited to 1 time use per customer

Not applicable for Little Sprout Box and discounted items.

This coupon is not applicable in conjunction with other coupons

Free local shipping for orders above S\$60

S\$60

CRYSTAL TIME

20% discount off the following range of watches at the selected stores:

- **LUMINOX & ARBUTUS**

VivoCity #01-k30

TANGS Tang Plaza Level 3

OG Orchard Point Level 1

- **CLAUDE BERNARD**

VivoCity #01-k30

OG Orchard Point Level 1

- **EDOX**

VivoCity #01-k30

TANGS Tang Plaza Level 3

- **REEBOK WATCHES**

OG Orchard Point Level 1

Promotion valid till 31 August 2021





BEAUTY & SPA

KENKO REFLEXOLOGY & SPA
 15% discount on a-la-carte services at all Kenko Wellness Spa outlets:
Foot Reflexology
Shoulder and Head Massage
Body Massage
& Spa Treatments
 Promotion valid till 30 September 2021
 Visit <http://www.kenko.com.sg> for outlets' address details

THE EAQLIA STUDIO (FITNESS & BEAUTY)
 • \$10 per class
 • 10% off Beauty Package
 Promotion valid till 30 September 2021
 Contact: 8222 8829



ESSENTIALLY OILS

- 10% off total bill with promocode "PTGC10OFF" on www.getessentiallyoils.com
- Special gift* worth \$15 during Birthday month with minimum purchase of \$50

Promotion valid till 31 March 2022. Terms and Conditions apply



LUMINOUS DENTAL GROUP
Special rates for TGC members
 For more details, visit <https://www.grassrootsclub.org.sg/membership/merchant-privileges-for-grassroots-leaders/>

HALLMARK PHYSIOTHERAPY

- Consultation & Treatment - First visit at special rate of \$140, Subsequent visits at \$130
- Consultation only - 20% discount on your first visit and 10% discount on subsequent visits

Promotion valid till 1 October 2021
 320 Thomson Road, S(307663)
 Email: vaishu@hallmarkphysio.com
 Contact: 6258 8707



RECREATION

D'HAVEN (ICE SKATING LESSONS)
10% off group lesson packages
 Promotion valid till 30 November 2021
 Email: d_haven79@yahoo.com



THE GRASSROOTS' CLUB

SPRING INTO MOVEMENT. LET'S DANCE!

JUSTDANCE

BY DERRICK EE

Get in the right groove with each class. Enrol now!



SCAN TO REGISTER

EVERY THURSDAY

11AM - 12PM

1, 8, 15, 22, 29 JULY 2021

5, 12, 19, 26 AUGUST 2021

BANQUET HALL

(LEVEL 3)

TGC MEMBER RATE

\$100 NETT FOR 4 SESSIONS

\$125 NETT FOR 5 SESSIONS

GUEST RATE

\$30 NETT PER SESSION

FOR ENQUIRIES, CONTACT LESSONS@TGC.ORG.SG / 6554 2350



THE GRASSROOTS' CLUB

POWERSTRETCH

BY DERRICK EE

GET READY FOR SUMMER

1 HOUR OF NON-STOP MUSIC. NON-STOP WORKOUT

STRETCH ★ TONE ★ INCREASE FLEXIBILITY

PERFECT FOR THE BUSY YOU



EVERY MONDAY

11AM - 12PM (BANQUET HALL)

5, 12, 19, 26 July 2021

2, 9, 16, 23, 30 August 2021

7.30PM - 8.30PM (DANCE STUDIO)

5, 12, 19, 26 July 2021

2, 9, 16, 23, 30 August 2021

EVERY WEDNESDAY

7.30PM - 8.30PM (DANCE STUDIO)

7, 14, 21, 28 July 2021

4, 11, 18, 25 August 2021

EVERY FRIDAY

10AM - 11AM (DANCE STUDIO)

2, 9, 16, 23, 30 July 2021

6, 13, 20, 27 August 2021

EVERY SATURDAY

9AM - 10AM (DANCE STUDIO)

3, 10, 17, 24, 31 July 2021

7, 14, 21, 28 August 2021

TGC MEMBER RATE

4 LESSONS

\$80 Nett

5 LESSONS

\$100 Nett

GUEST RATE

\$25 NETT PER SESSION



SCAN TO REGISTER

FOR ENQUIRY, CONTACT LESSONS@TGC.ORG.SG / 6554 2350



THE GRASSROOTS' CLUB



NATIONAL DAY SPECIAL

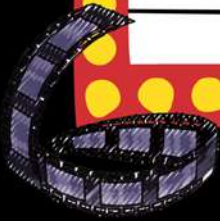
1-FOR-1

CATHAY CINEPLEX MOVIE TICKETS

\$10.50 PER TICKET

FIRST 50 TGC MEMBERS ONLY!!!

WHILE STOCKS LAST (1 SET PER MEMBER)



SALES START FROM 1 AUGUST 2021, SUNDAY

FOR ENQUIRIES, CONTACT EVENTS@TGC.ORG.SG / 6550 2350

NEW!



THE GRASSROOTS' CLUB



Singapore Polytechnic Graduates' Guild

RECIPROCAL PRIVILEGES AT SINGAPORE POLYTECHNIC GRADUATES' GUILD

TGC Members can now enjoy usages & discount at SPGG facilities, including Bowling Alley, Mahjong Room, Swimming Pool, Tennis Courts, Gym & Wellness Centres, Restaurant & Cafe, Events & Activities (Member's Rate) and Banquet Functions (Member Discount)



For enquiry, please contact mship@tgc.org.sg / 6554 2350



THE GRASSROOTS' CLUB



CALLING ALL GRL GOLFERS TO JOIN US!

THE GRASSROOTS' CLUB GOLF INTEREST GROUP

- To Promote Bonding and Build a Community of 'GRL Golfers'
- Golf Tournaments and Overseas Trips
- Monthly Golf Clinics & Practices



TO REGISTER, CONTACT EVENTS@TGC.ORG.SG / 6554 2350

Behind JH Metaphysics Consultancy Group MASTER PAN JUN HUI



A Master Practitioner in the Ancient Art of Metaphysics

The founder and principal consultant of JH Metaphysics Consultancy Group. A Master practitioner in the ancient art of metaphysics, Mr Pan specialises in destiny analysis, fengshui and Qimen Dunjia. His consultancy work spans across many countries such as Singapore, China, Taiwan, USA, Australia, Malaysia, Macau, Hong Kong, Thailand and Vietnam.

Mr Pan is invited to conduct numerous seminars on Metaphysics. His annual seminars were conducted in a light hearted manner and layman's terms that brought valuable insights, humour and knowledge to his audience.

Through his guidance, Mr Pan has helped many individuals to make well informed decisions, uncover their potential, embrace challenges ahead to change their destinies, and improve their lives.

10% discount for TGC members for all service engagements



FENGSHUI
風水

- 住屋/商业风水
Residential/Commercial
- 物业推荐
Property Selection
- 流年风水布局
Annual Review

DATE SELECTION
择日

- 婚嫁择日
Marriage
- 乔迁择日
Renovation
- 公司注册/开业择日
Company Registration / Opening
- 剖腹产择日
Caesarean Birth
- 入伙择日
House Move-in

BAZI
八字

- 八字命理分析
Destiny Analysis
- 流年八字分析
Annual Review
- 八字课程
Workshop

QIMEN DUNJIA
奇门遁甲

- 奇门预测分析
Qimen Forecasting
- 奇门运筹策略
Qimen Strategy
- 奇门风水布局
Qimen Fengshui
- 奇门八字分析
Qimen Destiny
- 奇门课程
Workshop

Contact Us



Telegram
<https://t.me/jhmetaphysics>

☎ Meng Hui 9271 4988


✉ jh_consultation@yahoo.com

📱 JH Master Pan

🌐 www.jhmetaphysics.com

Fate is not Destiny but a matter of Choice 命运不是机遇，而是选择

10:30am

 **The Grassroots' Club**
online

The Grassroots' Club (TGC) is now on WhatsApp!
Come join us to get the latest updates and news at the tips of your fingers!

Here are the simple steps to subscribe to TGC WhatsApp

- 1) Save the number 9150 7989 to your contact list under the name TGC
- 2) Send us a WhatsApp message with your name, number and "Subscribe" E.G: John Tan, 98765432, Subscribe
- 3) Alternatively, you can scan the QR code at the bottom right to start the registration.
- 4) Do allow us some time to process your request.
- 5) We will send you a confirmation message once it has been done


To unsubscribe, you may delete our contact and send us an "Unsubscribe" message

This is a no reply and free of charge service


In accordance with the Personal Data Protection Act, TGC places emphasis in protecting your personal data.

For queries or requests concerning your personal information, please email us at contactus@grassrootsclub.org.sg

The Management 10:30am



WE ARE ON WhatsApp!
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LATEST UPDATES AND NEWS
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THE GRASSROOTS' CLUB
WhatsApp business account

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**functional + innovative
baby apparels**



15% off
regular priced items
Code: TGC15

*terms & conditions apply

Visit www.oeteo.co to find out more about our latest collections
and original prints that are designed in Singapore!



THE GRASSROOTS' CLUB



**We Are Now On
Telegram!**



Join our channel at t.me/TGC92



THE GRASSROOTS' CLUB

Club of Choice for Grassroots Leaders



Member Room



Activity Room



Spa Pool & Steam Room



Swimming Pool



Gym Room

FACILITIES FOR MEMBERS

Member Room, a quiet place for members to gather and network with fellow like-minded members. Comes equipped with a complimentary hot beverage dispenser.

Activity Room, a fun-filled room with various activities for members and their guests to relax and unwind.

- 3 Mahjong Rooms (Automatic Tables)
- 2 Electronic Dart Boards
- 2 Pool Tables
- Carom Board
- Table Games
- Electronic Massage Chair

Spa Pool & Steam Room Swimming Pool through private access to Yio Chu Kang swimming complex

Gym Parking

SUBSCRIPTION FEE

Principal Member

- 1 Year - \$120
- 2 Years - \$200
- 3 Years - \$240
- 5 Years - \$300*

*Entitled to complimentary welcome gift (Subject to availability)

Family Membership

Spouse / Children (above 12 and below 21 years old)

- 1 Year - \$40
- 2 Years - \$60
- 3 Years - \$90
- 5 Years - \$150

Prices above apply for family nucleus

PA Staff & Youth Membership (below 35 years old)

- 1 Year - \$60

LIST OF TGC TENANTS

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Childcare	Pat's Schoolhouse (Level 1)	• 10% discount off monthly fees @ TGC
	Brighton Montessori (Level 2)	
	Pat's Schoolhouse (Level 3)	
Entertainment	Fish@Ang Mo Kio (Level 1)	• 40% discount off all non-promotional items (excluding F&B) • 20% discount except for beer during Happy Hour
	Sparkz KTV (Level 4)	
Food & Beverage	Common Folk (Level 1)	• 10% discount on a la carte menu • Please call to enquire
	Muslim Delights (Level 1)	
	Eternal Garden (Level 3)	
Health & Fitness	Sculpt Society (Level 1)	• 20% discount on all classes



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Singapore 568046

FOR MORE INFORMATION,

please call 6554 2350 or email to mship@tgc.org.sg