



# GRASSROOTS

**With Passion** ISSUE 128 - March 2025



*Salam  
Aidulfitri*



## MEMBERS DIRECTORY

Concierge / General Enquiries	6554 2350
Membership	6550 2114 / 6550 2120
Club Events	6554 2350
Facility Booking (Multi-Purpose Hall, Banquet Hall, Auditorium, Dance Studio, Meeting Rooms, Atrium)	6550 2121 / 6550 2115

## FACILITIES

Gym / Spa / Member Room / Swimming Pool / Activity Room	6550 2128
Mahjong Room	6554 2350

## TENANTS

### LEVEL 1

Common Folks	11am to 10pm (daily)
Muslim Delights	12pm to 8.30pm (daily), closed on Weekends
Sculpt Society	8am to 10pm (Mon-Fri), 8am to 5pm (Sat-Sun)
Kin Kao Mai Authentic Thai Restaurant	4pm to 12am (daily), closed on Mondays
Fish@Ang Mo Kio	9am to 6am (daily)
The School House by Busy Bees	7am to 7pm (Mon-Fri)

### LEVEL 2

Brighton Montessori	7am to 7pm (Mon-Fri)
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### LEVEL 3

Bright Path Inclusive Preschool	7am to 7pm (Mon-Fri)
Qian Xi (Eternal Garden)	11.30am to 2.30pm, 6pm to 9.30pm (daily)

## RECIPROCAL CLUBS

### SINGAPORE

SINGAPORE POLYTECHNIC GRADUATES' GUILD 1010 Dover Road Singapore 139658  
Tel: 6796 9988 | Fax: 6796 9989 [www.spgg.org.sg](http://www.spgg.org.sg)

ORCHID COUNTRY CLUB 1 Orchid Club Road Singapore 769162  
Tel: 6755 9811 | Fax: 6755 8874 [www.orchidclub.com](http://www.orchidclub.com)

### MALAYSIA

THE MALACCA CLUB New Townhouse: No. 18, 5th Floor Jalan Syed Abdul Aziz, 75000 Melaka  
Tel: 06-282 4940 / 284 2488 / 283 3518 Fax: 06-284 8303 [www.malaccaclub.com.my](http://www.malaccaclub.com.my)



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## EDITORIAL TEAM

**Chairman:** Miss Tang Enping, Grace  
**Members:** Dr Tan Kow Wah, PBM &  
Dr Tong Kai Wee, Michael  
**Secretariat:** Joel Ng, Leonard Kam &  
Jevikka D/O Kadirchelvan  
**Design &  
Editorial:** Win Creative

### Disclaimer

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# Business Development Chairman Message

Dear Esteemed Members,

Embracing the Future:  
The Grassroots' Club's Transformation.

The Grassroots' Club was established to recognize and support Grassroots Leaders for their dedication to community service. With a vision to be the club of choice for Grassroots Leaders, we have continuously strived to meet your social, educational, recreational, and developmental needs.

As we embrace the future, we are excited to announce that The Grassroots' Club will transform its current operating model from October 2025, with the last day of operations at our physical clubhouse on 30 September 2025. This transformation allows us to stay connected and engaged regardless of location, ensuring that our members continue to benefit from meaningful programs and networking opportunities.

As a token of our appreciation for your unwavering support, all Principal Members were given a Member's Appreciation Pack (MAP), which consists of \$50 worth of TGC vouchers valid from 1 January 2025 to 31 August 2025. Do remember to use them before the expiry date! This initiative is our way of thanking you for being an integral part of our journey and celebrating the cherished memories we have created together at the Club.

While we bid farewell to our physical clubhouse, our commitment to fostering strong relationships and supporting personal growth remains steadfast. The shift to a virtual club will bring new initiatives and enhanced opportunities for collaboration. We are dedicated to ensuring a smooth transition and look forward to embarking on this exciting new chapter with you.

Let's embrace the future of The Grassroots' Club together!

Yours sincerely,

**Miss Lisa Ng, PBM**  
**Chairman, Business Development Committee**  
**Vice President**  
**The Grassroots' Club**



## Editor's Message

### Strengthening Bonds & Embracing Change

Selamat Hari Raya Aidilfitri! This festive season is a time of gratitude, togetherness, and reflection—a moment to reconnect with loved ones and strengthen the bonds that unite us. Across our communities, the spirit of generosity and mutual support continues to shine, reminding us that our greatest strength lies in unity.

At The Grassroots' Club, we embrace this same spirit as we embark on an exciting transformation. We look forward to upcoming website enhancements that will foster greater connectivity and engagement within our community. These innovations will pave the way for deeper, more meaningful connections—both online and offline. May the spirit of Hari Raya continue to inspire us to support one another and embrace the opportunities ahead. Wishing you joy, peace, and prosperity!

As you explore this edition, page 8 offers an exciting preview of our upcoming events. From community gatherings and immersive tours to special initiatives, we invite you to take part in these meaningful experiences.

Celebrate Hari Raya with a unique twist—pages 10 to 11 feature a delightful fusion recipe to make your festivities even more special.

For our valued members, pages 12 to 14 highlight the exclusive privileges and benefits available to you. Enjoy special discounts, promotions, and exclusive member-only events designed to enhance your experience with us.

We truly appreciate your support and look forward to sharing more memorable moments with you.

Warmest regards,

**Miss Tang Enping, Grace**  
**Chairperson, Marketing and Communications**  
**Committee**  
**Honorary Assistant Secretary**  
**The Grassroots' Club**

## The Annual Lunar New Year Lohei Dinner 2025

The Annual Lunar New Year Lohei Dinner, held on 4<sup>th</sup> February 2025, was a resounding success, bringing together a vibrant crowd of over 400 attendees. The event welcomed The Grassroots' Club members, their families, and distinguished guests, fostering a joyous atmosphere filled with cultural traditions and community spirit.

Guests were treated to an array of engaging fringe activities, adding an interactive element to the evening's festivities. Attendees explored the art of calligraphy, enjoyed personalized digital caricatures, and captured precious moments at the photo booth, creating cherished keepsakes.

As the evening unfolded, the main performances enthralled the audience. The captivating Lion and Dragon Dance by Pho Leng Lion Dance Instruction Centre dazzled with its energetic and colorful display, symbolizing luck and prosperity. A dynamic Wushu performance by Elite Wushu Singapore, featuring talented young performers, left the audience in awe with its impressive martial arts showcase. Adding to the night's cultural richness, the traditional mask-changing act evoked nostalgia, while the bilingual singer Rawi serenaded the crowd with a mix of Chinese and Malay songs. Other talented vocalists, including Jessie, Mai Hui, and Tian Yue, kept the audience entertained and engaged. Keeping the energy high throughout the night was emcee Lin Ruping, whose lively presence ensured a seamless and enjoyable experience for all.



A highlight of the evening was the sumptuous banquet. Following the delightful feast, anticipation reached its peak with the highly awaited Grand Lucky Draw. Excitement filled the air as guests eagerly awaited the results, culminating in thunderous applause when the winner of the coveted Furama staycation package, valued at \$310, was announced.



The Annual Lunar New Year Lohei Dinner was more than just a celebration—it was a heartfelt tribute to tradition, unity, and shared joy. As guests departed with smiles and cherished memories, they carried with them a renewed sense of camaraderie and the promise of prosperity in the year ahead.

## Crocheting Workshop: Crafting Bear Coasters with Mdm Janet Chong

On 7 December 2024, members gathered for a delightful crocheting workshop led by the talented Mdm Janet. Participants had a wonderful time learning the intricate art of crocheting as they worked on creating charming bear-shaped coasters. Mdm Janet patiently guided everyone through the step-by-step process, ensuring that even beginners could follow along. The session not only introduced members to a new skill but also fostered a warm and engaging atmosphere where creativity flourished. By the end of the workshop, participants proudly showcased their handcrafted coasters, leaving with a sense of accomplishment and an eagerness to continue their crochet journey.



## Nikam Guruji: A Journey of Wellness

Over the course of 12 weeks, members embarked on a transformative journey through yoga under the guidance of the esteemed Guruji Yoga Kuthir. The structured program introduced participants to the fundamentals of yoga, focusing on breathing techniques, flexibility, and mindfulness. Each session provided an opportunity to cultivate physical strength, inner peace, and overall well-being. Many participants experienced significant benefits, including improved posture, reduced stress, and a deeper connection to their mind and body. As the weeks progressed, they not only enhanced their yoga practice but also built a supportive community that motivated one another to embrace a healthier lifestyle.



# Pickleball Lessons

- APRIL

Back by popular demand! Our previous Pickleball lesson received great feedback, so we're bringing it back for another round. Whether you're new to the game or looking to sharpen your skills, this session is perfect for learning, playing, and having fun on the court. Don't miss your chance to join the action this April!



# Sip & Paint for Mother's Day

- MAY



Celebrate Mother's Day with a creative and relaxing Sip & Paint session! Enjoy a refreshing drink while unleashing your artistic side in a cozy setting. Whether you're painting with Mom or treating yourself, this event is all about making beautiful memories.

# Edible Slime Making Workshop at the Ice Cream Museum

- JUNE

Get hands-on with a fun and interactive Edible Slime Making Workshop at the Ice Cream Museum! Create safe, edible slime while exploring the museum's whimsical exhibits. A delightful experience for kids and the young at heart—don't miss this sweet adventure!



Stay tuned for more details and sign-up information!

# SHARE YOUR TGC MEMORIES



Send us your best memories at [events@tgc.org.sg](mailto:events@tgc.org.sg)  
and be part of our story

Subscribe to our Social Media Channels to stay updated with  
the Club's latest news and activities

Facebook



<https://shorturl.at/ezoFS>

Instagram



<https://bit.ly/3VMAWd>

Whatsapp



<https://wa.link/ugraw>

Telegram



<https://t.me/TGC92>

Email

<https://shorturl.at/dQ8Tr>

# SPICE UP YOUR HARI RAYA WITH THIS EXCITING FUSION RECIPE

Hari Raya Aidilfitri, also known as Eid al-Fitr, is a special time for Muslims around the world — a day of joy, forgiveness, and togetherness. After a month of fasting during Ramadan, families come together to celebrate with open houses, vibrant clothing, and tables overflowing with delicious food.

In Singapore and Malaysia, Hari Raya is marked by heartfelt greetings of “Selamat Hari Raya, Maaf Zahir dan Batin”, symbolizing the spirit of forgiveness and fresh beginnings. Homes are beautifully decorated and the air fills with the aroma of traditional dishes lovingly prepared to welcome guests.

This year, create unforgettable memories with these three classic recipes — perfect for sharing with family and friends.

## SAMBAL GORENG (VEGAN) **A Spicy, Savoury Classic**

Sambal Goreng is a staple during Hari Raya, offering a delightful blend of spice and sweetness. This vegan version is rich in flavour and pairs beautifully with rice or ketupat.

### INGREDIENTS:

- 200g tempeh (cubed)
- 200g firm tofu (cubed)
- 100g green beans (cut into 3cm pieces)
- 3 tbsp oil
- 4 tbsp sambal paste
- 2 tbsp sweet soy sauce (kecap manis)
- Salt to taste

### METHOD:

1. Heat oil in a pan and fry tempeh and tofu until golden brown. Set aside.
2. In the same pan, sauté sambal paste for 2-3 minutes until fragrant.
3. Add green beans and stir-fry briefly before returning the tempeh and tofu to the pan.
4. Pour in sweet soy sauce, season with salt, and cook for another 2-3 minutes.
5. Serve hot with rice or ketupat for a satisfying burst of flavour.



## LONTONG **Comfort in a Bowl**

Lontong is a comforting and creamy vegetable curry often served with sliced rice cakes. This hearty dish is a must-have during Hari Raya and is perfect for feeding a crowd.

### INGREDIENTS:

- 300g cabbage (shredded)
- 200g carrots (sliced)
- 200g green beans (cut into 3cm pieces)
- 4 tofu puffs (quartered)
- 2 cups coconut milk
- 1 cup water
- 2 tbsp curry powder
- 2 tbsp oil
- 2 cloves garlic (minced)
- 1 onion (sliced)
- Salt to taste
- Rice cakes (lontong), sliced

### METHOD:

1. Heat oil in a pot and sauté garlic and onions until fragrant.
2. Add curry powder and stir for a minute before pouring in coconut milk and water.
3. Bring to a gentle simmer, then add cabbage, carrots, and green beans.
4. Stir in tofu puffs and cook until vegetables are tender.
5. Season with salt, and serve warm with sliced rice cakes for a comforting and satisfying meal.



## AYAM MASAK MERAH **A Spicy Showstopper**

This iconic Hari Raya dish is known for its rich, spicy tomato sauce and tender chicken. Its vibrant red colour symbolizes the warmth and festivity of the season.

### INGREDIENTS:

- 1kg chicken drumsticks or thighs
- 3 tbsp oil
- 1 large onion (sliced)
- 3 cloves garlic (minced)
- 4 tbsp chili paste
- 4 large tomatoes (blended)
- 3 tbsp tomato ketchup
- 2 tbsp sugar
- Salt to taste

### METHOD:

1. Marinate chicken with salt and fry in oil until golden brown.
2. In the same pan, sauté onions and garlic until fragrant.
3. Add chili paste, cook for 2-3 minutes, then stir in blended tomatoes and ketchup.
4. Let it simmer for 5 minutes before adding sugar and salt.
5. Return the fried chicken to the pan, coat well in the sauce, and cook for another 10 minutes.
6. Garnish with fresh coriander and serve hot.



## Bringing It All Together

During Hari Raya, food is more than just nourishment — it's a symbol of love, gratitude, and tradition. As you gather with loved ones, let these dishes add warmth and flavour to your celebrations. Pair them with fragrant rice, ketupat, or crispy keropok for a complete feast. From our kitchen to yours, Selamat Hari Raya Aidilfitri! May this festive season bring you peace, prosperity, and countless joyful moments.

# MERCHANT PARTNER PRIVILEGE

## BIG STARFISH SWIMMING SCHOOL



15% - 20% OFF  
per course

## LITTLE BEARNIE



10% OFF storewide with  
no minimum  
spend

## LE PETIT PUMPKIN



10% OFF for first  
purchase

5% OFF subsequent  
purchases

## ARTIFY STUDIO



15% OFF Children's  
Art Classes

15% off Workshop  
and Art Jamming

## JH METAPHYSICS



10% OFF on all service  
engagements

## FOUR SEASONS CATERING



10% OFF Online orders

## ICU OPTIQUE



\$158 for 2 pairs  
of prescription  
spectacles Free IOP  
(Intraocular Pressure)  
screening for  
glaucoma

## CAPITOL OPTICAL



25% OFF frames and  
sunglasses

15% OFF ophthalmic  
5% OFF contact lenses

## TRIBECAR



\$0 deposit 30-days  
trial account

50% OFF first drive

## LEGENDS FENCING



10% OFF on all services,  
including trial classes, credit  
packages and membership

# MERCHANT PARTNER PRIVILEGE

## PHOTOMEISTER STUDIOS



\$88 OFF for any of the 4 photobooth packages

## TRAPPED



\$5 OFF Standard Price (per pax)

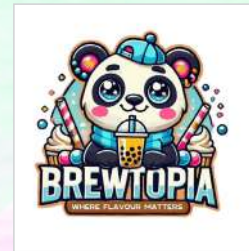
(Minimum purchase of 4 pax)

## RICO CATERING



Rico catering discount: 15% OFF Catering Menus

## BREWTOPIA



10% OFF total bill

Special Bulk order discounts for event

## GANBANYOKU HOT STONE SAUNA THERAPY



1st time trial session at \$28

15% OFF for 10 sessions sharing package at \$408

## SAN LAKSA STEAMBOAT



20% OFF on steamboat a la carte items, applicable everyday during operating hours (excluding alcoholic beverages and any promotional items)

A 1-for-1 voucher for Fish Head Laksa with minimum spend of \$35

A 1-for-1 voucher for Thai Curry Crab (225g) with minimum spend of \$18

Free desert with any purchase

## ADRBRAND



DrSpa: 10% OFF a la carte treatments and complimentary Bright & Energise Eye Treatment worth \$120 upon purchase of skin treatments

DrHair: 10% OFF a la carte treatments and complimentary Scalp Tension Relief upon purchase of scalp and hair treatments

## THE WHALE TEA



10% OFF on all listed items at all outlets.

# MERCHANT PARTNER PRIVILEGE

## PIGGYPLAY PTE. LTD.



15% OFF to members on all programs and carnivals

## HEALING TOUCH SPA



10% OFF all Massages

20% OFF for Facial and Slimming Treatment

## KINGDOM FOOD GROUP



20% OFF Mon-Sun Lunch & Sun-Thu Dinner - Adult Buffet

## ONECARE MEDICAL HEALTH SCREENING PACKAGE



15% OFF on all health screening packages

Flu vaccine at \$25 (before GST)

## IAPPS HEALTH GROUP



Corporate Health Screening Rates provide health talk/fitness program

15% OFF non-promotional food items  
15% OFF for all Physiotherapy services

## TRICKEYE SINGAPORE



20% OFF on tickets and a FREE tote bag worth \$10

Valid only for à la carte tickets purchased via <https://trickeye.sg/>

## OMFS@FARRER PARK



25% OFF for the first visit. 15% for the subsequent visits.  
Birthday Package - Home Whitening Package (inclusive of upper and lower bleaching trays and whitening gel) at \$499+GST only (Regular Price \$786+GST)

## FURAMA



### Furama RiverFront

- 25% OFF à la carte food bill @ Waterfall Lounge and All Day Dining at Apollo
- 25% OFF Kintamani's buffet lunch and dinner
- 10% OFF Furama Gastronomic E-delivery  
Additional 12% OFF best available online room rates
- 8% OFF FuramaKids Stay, Eat, Play Room Package  
Location: Furama RiverFront, 405 Havelock Road Singapore 169633

### Furama City Centre

- 25% OFF à la carte food bill @ Tiffany's Café and/or Lobby Lounge
- 25% OFF Tiffany's buffet lunch and dinner
- 10% OFF Furama Gastronomic E-delivery  
Additional 12% OFF best available online room rates
- 8% OFF FuramaKids Stay, Eat, Play Room Package  
Location: Furama City Centre, 60 Eu Tong Sen Street Singapore 059804

## ELEMENTS WELLNESS GROUP



10% OFF on Essential Wellness Services (Guest Price)

Special First Trial Offer: \$48 nett for a 60-min session

## SPA INFINITY



10% OFF on Essential Wellness Services (Guest Price)

Special First Trial Offer: \$58 nett for a 60-min session with complimentary facilities and refreshments

### Waka Waka Indoor Playground

\$23 Waka Waka Admission Ticket for 1A + 1C  
10% OFF Eat & Play Package